

CPS HEALTH INFORMATION UPDATE

12-2-2020

DAILY SELF CHECKS

As we enter the winter months, the daily self check questionnaire becomes an important tool to utilize.

Parents/Guardians should conduct daily self-monitoring of their child/children by answering the following questions. If the answer to any of the questions for your child is **YES**, your child is **REQUIRED** to remain home from school.

- Does your child have a fever today of 100.4°F or greater?
- Does your child have shortness of breath or other difficulties breathing?
- Does your child have a persistent cough that is new?
- Does your child have loss of taste/smell?
- Does your child have flu-like symptoms such as gastro-intestinal upset, nausea, vomiting, headache?
- Has your child been in contact or close contact with someone diagnosed with COVID-19?
- Has your child traveled in the past 14 days to any regions listed on the DPH travel advisory list?

If you answer **YES** to any of the questions listed above, your child is **REQUIRED** to stay home and a call should be placed to your medical provider for further guidance. Please also remember to report to your school office if your child is absent from school for any reason.

TRAVEL ADVISORY REQUIREMENTS

If you traveled over the holiday weekend to a state on the travel advisory list, your child must remain out of school until a negative PCR test is returned and documentation is submitted to the Health Office, or you have met the required number of days for quarantine. Please be sure to follow these guidelines to keep all of our staff and students safe. If you have any questions, you can contact your school health office or email Donna Frechette at dfrechette@clintonpublic.net. You can find the latest update on impacted locations and FAQ's at <https://portal.ct.gov/coronavirus/travel>.

LOCAL COVID-19 TESTING SITE INFORMATION

The Community Health Center, Inc. in Old Saybrook has announced that their testing site is now extended to 7 days per week. The testing site will be open from Monday-Sunday from 8:30 a.m. to 4:00 p.m. No appointment is necessary and you do not need to be experiencing symptoms to be tested. Please click the links for additional information on the Old Saybrook testing site: [Flyer](#)-English and Spanish Versions. To find additional, no-cost testing sites near Clinton, please click [here](#).